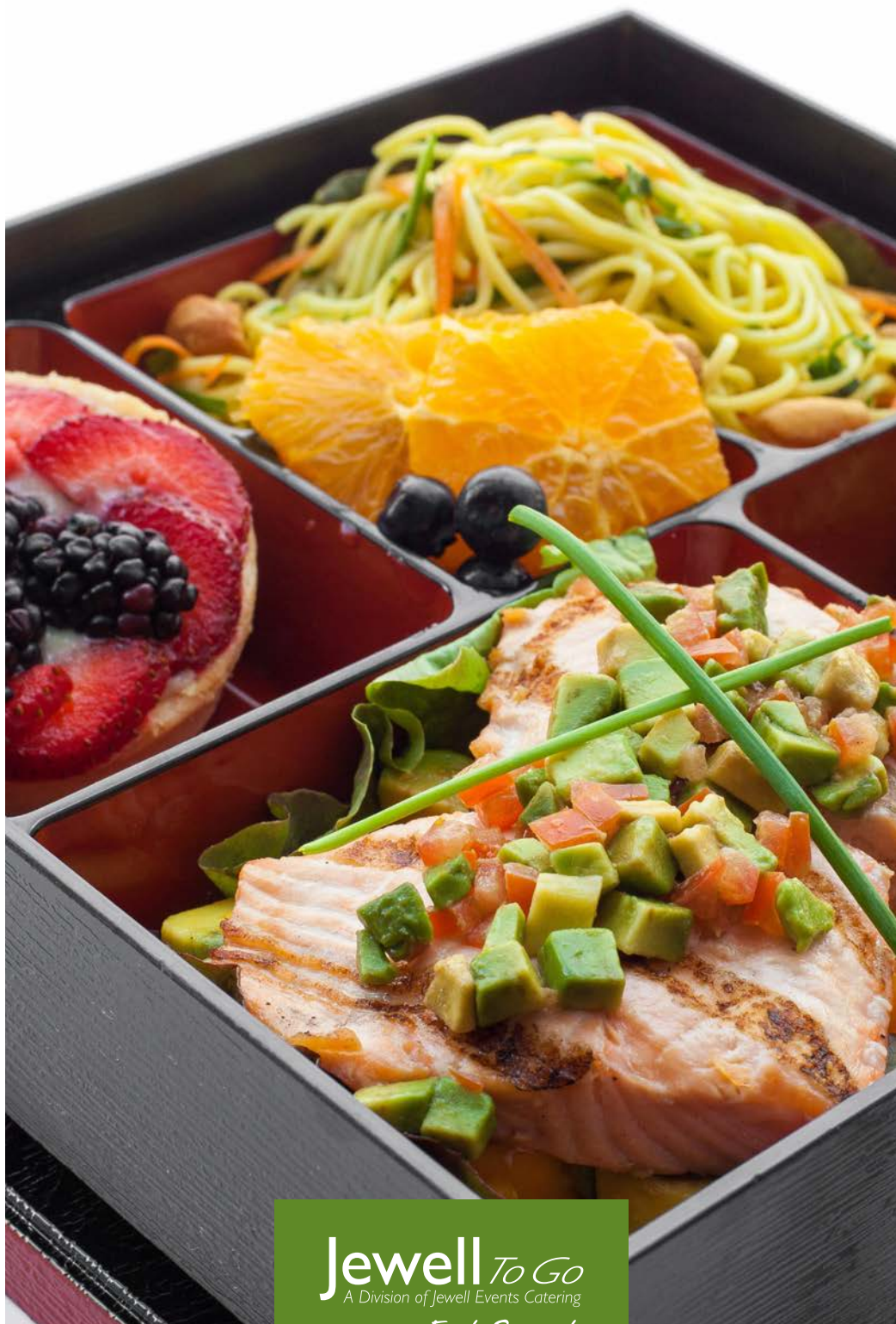


JEWELL EVENTS CATERING | JEWELL TO GO

bento box

Celebrating 50 years of Creative Catering



Jewell *To Go*
A Division of Jewell Events Catering
Eat Smart.



BREAKFAST BENTO BOXES

All Breakfast Bento Boxes are Served with an Entrée, Yogurt Parfait, Fresh Fruit and a Pastry

VG **HALF BRULEED GRAPEFRUIT**

Fresh Grapefruit, Caramelized Sugar

V **TUSCAN QUICHE**

Tomato, Basil, Parmigiano-Reggiano Quiche

V **GARDEN VEGGIE QUICHE**

Fresh Vegetables, Cheddar Cheese

QUICHE LORRAINE

Bacon, Caramelized Onion, Swiss Cheese

FAMERS QUICHE

Ham and Cheddar Quiche

V **STUFFED FRENCH TOAST ROLL-UPS**

Your choice of Filling: Berry Compote, Apples or Cream Cheese

V **MEDITERRANEAN SAVORY FILLED CROISSANT**

Spinach, Sun Dried Tomato, Feta Cheese

MIDWESTERN SAVORY FILLED CROISSANT

Country Ham, Swiss Cheese

SMOKED SALMON

Sliced Tomato, Cucumber, Capers, Hard Boiled Egg

COLD MEATS AND CHEESES

Assorted Sausages, Sliced Salami, Smoke Gouda, Dill Havarti

Breakfast

Vegetarian

Chicken

Beef

Seafood

VEGETARIAN BENTO BOXES

- ◆ V SPINACH & LEEK TART**
Creamed Leeks, Gruyere Cheese, Egg Custard, Golden Crust
- ◆ V ARUGULA, RICOTTA PARMESAN TART**
Roasted Tomato, Egg Custard, Golden Crust
- ◆ VG LEMON GINGER TOFU**
Cold Lo Mein Noodle Salad, Red Cabbage, Cilantro, Ponzu
- ◆ VG NAPOLEON OF GRILLED VEGETABLES**
Hummus, Corn, Peas, Tomatoes, Couscous, Dijon Vinaigrette
- ◆ VG SANTA FE STUFFED TOMATO**
◆ GF Avocado, Corn, Black Beans, Pepper, Onion, Chile-Lime Dressing
- ◆ V STUFFED ROASTED RED PEPPER**
◆ GF Bell Peppers, Onion, Mushroom, Feta Cheese, Greek Vinaigrette
- ◆ VG SESAME SOY TOFU AND GINGER SALAD**
Ginger, Edamame, Chives, Cilantro, Sesame Ginger Vinaigrette
- ◆ VG LEMONGRASS TOFU**
Japanese Soba Noodles
- ◆ V KALE, WHITE BEAN AND WALNUT SALAD**
◆ GF Crumbled Goat Cheese, Cherry Tomatoes, Honey Mustard Vinaigrette
- ◆ VG SOUTHWEST QUINOA SALAD**
◆ GF Avocado, Corn, Black Beans, Bell Pepper, Red Onion, Cilantro, Chile-Lime Dressing
- ◆ VG BLACK RICE AND SOY SALAD**
Bell Pepper, Edamame, Sesame Soy Tofu, Chives, Cilantro, Sesame Ginger Vinaigrette
- ◆ VG SPICY CHICKPEA MOROCCAN COUSCOUS**
Spicy Chickpeas, Couscous, Shredded Carrots, Fresh Herbs, Tahini Dressing
- ◆ V GRILLED CAJUN TOFU**
◆ GF Lemon Zest

Breakfast

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CHICKEN BENTO BOXES

GF HONEY GRILLED CHICKEN

Napa Cabbage Slaw, Sugar Snap Peas, Broccoli, Cilantro, Honey Vinaigrette

GF LEMON HERB ROASTED CHICKEN

Barley, Lentil Salad, Arugula, Radish, Cucumber, Basil Lemon Vinaigrette

GF SMOKEY CILANTRO GRILLED CHICKEN

Cabbage Slaw, Poblano Peppers, Grilled Tomato, Cilantro, Chipotle Vinaigrette

GF MAPLE BALSAMIC GLAZED CHICKEN

Feta Couscous, Mint, Scallions, Almonds, Maple Glaze

GF GRILLED TARRAGON CHICKEN

Grain Mustard Potato Salad, Charred Scallions

GF HONEY DIJON CHICKEN BREAST

Brown Rice Salad, Carrots, Cucumbers, Radish, Celery, Basil

GF GRILLED CHICKEN BREAST

Gorgonzola, Tomato

GF HERB CRUSTED CHICKEN BREAST

Green Goddess Herb Sauce, Watercress, Pink Peppercorns

GF SLICED CHICKEN BREAST

Citrus White Wine Sauce, Fennel

GF HONEY LIME CHICKEN BREAST

Quinoa Salad, Black Beans, Corn, Bell Pepper, Avocado, Cilantro

GF CURRIED CHICKEN SALAD

Diced Apples, Golden Raisins

GF LEMON PESTO GRILLED CHICKEN BREAST

Over Couscous Salad with Diced Vegetables, Fresh Herbs

GF GRILLED CHICKEN

Lo Mein Noodles, Vegetables, Creamy Szechuan Dressing

GF SESAME CRUSTED CHICKEN BREAST

Jicama and Cabbage Slaw, Carrots, Cucumber, Fresh Cilantro, Lime

GF TUSCAN GRILLED CHICKEN BREAST

Cannellini Beans, Kalamata Olives, Roasted Red Pepper, Parsley, Lemon

Breakfast

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BEEF BENTO BOXES

ROSEMARY GRILLED STEAK

Israeli Couscous, Zucchini, Squash, Onion, Eggplant, Parsley, Basil

GF CORIANDER CRUSTED STEAK

Grilled Spiced Eggplant, Pomegranate, Red Onions, Crema

GF CILANTRO SOY GRILLED STEAK

Charred Cauliflower, Scallions, Ginger, Soy Vinaigrette

GF MEDITERRANEAN GRILLED STEAK

Cucumber, Tomato, Peppers, Oregano, Mint, Feta Cheese, Tzatziki

GF MUSTARD CRUSTED BEEF

Arugula, Red Onion and Wax Bean Salad, Balsamic Vinaigrette

GF ARGENTINEAN STEAK SALAD

Chimichurri Dressing

GF PEPPER STEAK SALAD

Mango, Avocado, Cotija Cheese, Jalapeño-Lime Vinaigrette

GF GREAT PLAINS SALAD

Romaine, Red Onion, Tomato, Bleu Cheese, Shoestring Potatoes, Roasted Red Pepper Vinaigrette

GF RED PEPPERCORN CRUSTED BEEF (GF)

Grilled Portobello Mushrooms, Tomato, Creamy Horseradish

GF CHIPOTLE GRILLED FLANK STEAK (GF)

Roasted Corn, Black Bean Salsa

ASIAN SEARED SKIRT STEAK

Hoisin, Shiitake Mushroom, Bok Choy, Ginger Dressing

THAI BEEF KABABS

Marinated Beef, Assorted Vegetables with Thai Herbs and Spices

KOREAN-STYLE STEAK

Spicy Cilantro Sauce

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SEAFOOD BENTO BOXES

GF BALSAMIC GRILLED SALMON

Roasted Corn, Cherry Tomatoes, Grilled Red Onion, Basil, Balsamic Vinegar, Olive Oil, Avocado, Cilantro Crema

LEMON BASIL GRILLED SHRIMP

Citrus Toasted Orzo, Orange Segments, Spinach, Basil, Chives, Lemon Zest

CHARMOULA SALMON

Moroccan Spiced Carrots, Chick Pea Salad, Mint, Apricots, Dates, Almonds, Spinach Raita, Honey-Cumin Vinaigrette

CHILI CITRUS SEARED SALMON

Wok Seared Green Beans

SEARED TUNA

Cold Lo Mein Noodle Salad, Red Cabbage, Cilantro, Ponzu

GF FILET OF SALMON

Avocado, Diced Tomato

GF SWEET CHILI-LIME SALMON FILET

Corn, Black Bean and Bell Pepper Salad, Lime Vinaigrette

TERIYAKI GLAZED PACIFIC SALMON

Exotic Baby Greens

GF GRILLED SALMON

Vegetables, Dill Vinaigrette

MISO-GLAZED FILET OF PACIFIC SALMON

On a Bed of Exotic Baby Greens

GF GRILLED SALMON SALAD

White Beans, Cherry Tomatoes, Fresh Herbs, Lemon Dijon Vinaigrette

GF GRILLED SHRIMP

Mango Avocado Salad, Peanut Dressing

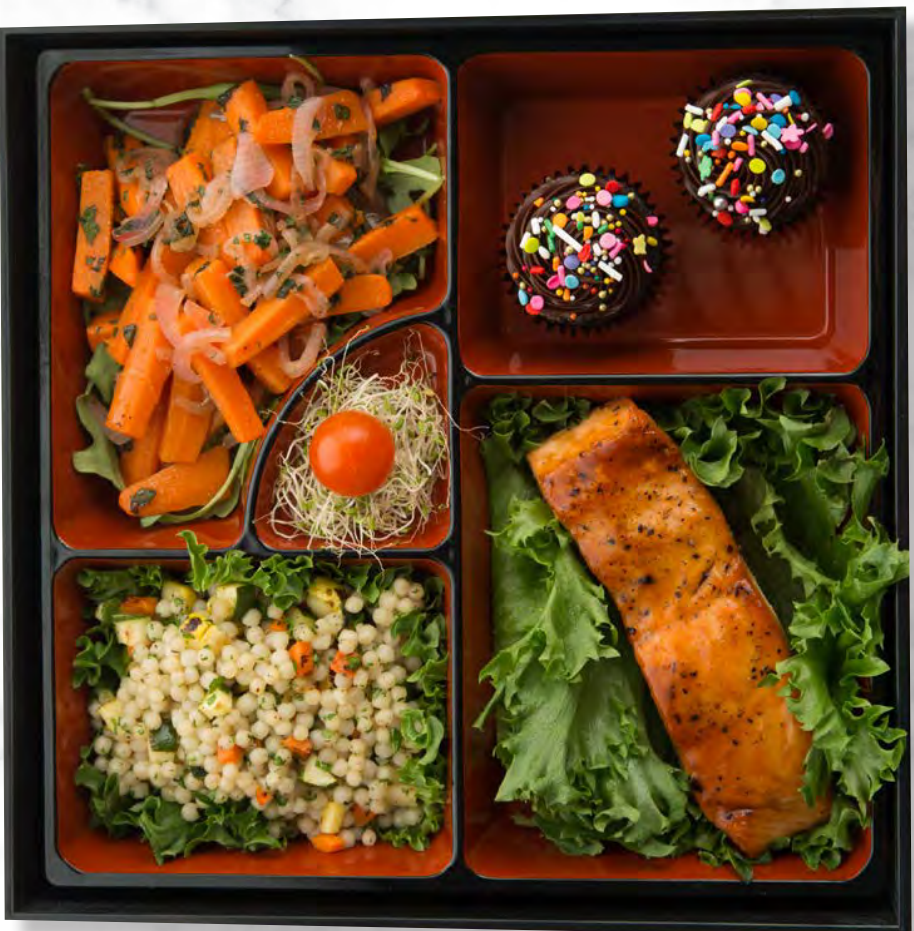
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JEWELL

EVENTS · CATERING

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